

The Sikkim State Legal Services Authority under the direction and guidance of Hon'ble Mrs. Justice Meenakshi Madan Rai, the Acting Chief Justice, High Court of Sikkim and Executive Chairperson, Sikkim SLSA organized a "One Day Training Programme on Managing Substance Use Disorders: An Overview" for the Counselors of Rehabilitation and De-Addiction Centres of Sikkim on **06.10.2018 (Saturday)** in the Training Hall of Sikkim State Legal Services Authority, Development Area, Gangtok.

The Resource Persons for the said programme were Ms. Shalinta Rai, Clinical Psychologist, Psychiatry Department, S.T.N.M Hospital, Government of Sikkim who conducted Pre Test for assessing the level of existing knowledge of the participants regarding substance (alcohol, tobacco and other drugs) use and substance related problems and its management. She also spoke on Mental Status Examination of Individuals with Substance use Disorders, Case History taking of Substance Use Disorders. Post Assessment for assessing the level of knowledge regarding substance use and substance related problems and its management was also conducted by Resource Person Ms. Shalinta Rai after the end of all the technical sessions while Mrs. Nancy Chankapa, Clinical Psychologist, Psychiatry Department, S.T.N.M Hospital, Government of Sikkim conducted an Informal Quiz/Information on Substance use Disorders, Epidemiology and its Management and also spoke on Motivation and Treatment in Substance user Disorders and Co-Morbidities of Substance use Disorders.

The Welcome address and the Vote of Thanks were proposed by Mr. Suraj Chettri, Member Secretary, Sikkim SLSA.

32 Counselors from the following Rehabilitation and De-addiction Centres of Sikkim attended the said programme:-

- i. Serenity Home, Lower Burtuk, East Sikkim.
- ii. Grace Detoxification Centre, Lingding, East Sikkim.
- iii. Sikkim Rehabilitation & Detoxification Centre, Nimtar, East Sikkim.
- iv. Drishya, Samataar, East Sikkim.
- v. Drishyam Rehabilitation Centre, Aho, East Sikkim.
- vi. Jeewan Marg, Bojoghari, East Sikkim.
- vii. Jagriti Integrated Rehabilitation Centre for Addicts, Sichey, East Sikkim.

- viii. Sanjeevani Rehabilitation Centre, Debrung, South Sikkim.
- ix. Freedom Facility, Tathangchen, East Sikkim.